



Learn to Train 2019 Skater Groupings

Group A

Bree Chardonnens
Ocea Dubray
Bianca Marina
Claire Sibbald
Yvonne Gregory
Julianne Beddie
Mackenzie Mayea
Paige Polacik
Sarah Cousins
Jillienne Thom
Brenna Paulsen
Robert Verhelst
Alexandra Harrington
Allison Soukeroff
Emerson Zimmerman
Callie Krebs
Layne Corrigan

Group B

Brian Chan
Evan Jiang
Eric Jiang
Emma Harrington
Haylee Effray
Katrina Pezeshki
Adrian Moody
Rebecca Van Urk
Bree Fitzpatrick
Bethany Van Urk
Shannah Richmond
Haylea Macpherson
Celtie-Rae Auger
Avery Chardonnens
Julia Chalifour
Natalia Deutsch
Isabella Ferraro
Makayla Pickering
Allison Cote

Group C

Tiia Brackett
Aili Brackett
Genevieve Edwards
Piper Silliphant
Everest Williams
Audry Hall
Sailor Ferrier
Ryan Anderson
Lauren Hehn
Rosie Pallone
Kinsley Zimmerman
Kate Moody
Kiri Steven
Mackenzie Derosier
Taryn Mutcher
Tabbatha Trombley



Learn to Train Schedule

Saturday September 21, 2019

Group A

9:00-9:50 Know your sport
 10:00-10:50 Yoga
 11:00-11:50 On Ice

Lunch 12:00-1:00

1:00-1:50 Dance
 2:00-2:50 Sweat
 3:00-3:50 On Ice

Group B

9:00-9:50 Yoga
 10:00-10:50 On Ice
 11:00-11:50 Know Your Sport

1:00-1:50 Sweat
 2:00-2:50 On Ice
 3:00-3:50 Dance

Group C

9:00-9:50 On Ice
 10:00-10:50 Know Your Sport
 11:00-11:50 Yoga

1:00-1:50 On Ice
 2:00-2:50 Dance
 3:00-3:50 Sweat

Group Q&A with Ravi Walia and Mathew Newnham 4:00-4:45

Sunday September 22, 2019

Group A

8:00-8:50 On Ice
 9:00-9:50 Goals and You
 10:00-10:50 Yoga

Lunch 11:00-11:50

12:00-12:50 On Ice
 1:00-1:50 Pound
 2:00-2:50 Dance

Group B

8:00-8:50 Yoga
 9:00-9:50 On Ice
 10:00-10:50 Goals and You

12:00-12:50 Dance
 1:00-1:50 On Ice
 2:00-2:50 Pound

Group C

8:15-8:50 Goals and You
 9:00-9:50 Yoga
 10:00-10:50 On Ice

12:00-12:50 Pound
 1:00-1:50 Dance
 2:00-2:50 On Ice

Clinic Ends